

DR. J. FREDERICK BLAND



education

Western Michigan University | Doctorate of Philosophy in Counselor Education

Western Michigan University | Master of Counselor Education/Community Agency Counseling

Western Michigan University | Bachelor of Psychology

bio

Dr. J. Frederick Bland was born in Detroit, Michigan, the youngest of four children. He graduated from Highland Park High School and immediately entered college earning a Bachelor of Arts degree in Psychology with double minors in Sociology and Business Management. He earned his Master of Arts degree in Counselor Education/Community Agency Counseling with an alcohol and drug abuse emphasis and a Doctor of Philosophy degree in Counselor Education with a school counseling emphasis. All degrees were earned from Western Michigan University.

Dr. Bland is licensed through the State of Michigan as a School Guidance Counselor K-12 and is a certified counselor through the National Board of Certified Counselors (NCC). He is also a Substance Abuse Therapist, certified through SPADA (Specialty in Alcohol and Drug Abuse). Dr. Bland is currently an Assistant Professor in the Master of Arts in Counseling Program at Spring Arbor University.

Dr. Bland surrendered his life to Jesus his Savior when he was 14 years old while a member of Northwest Church of God in Christ in Detroit, Michigan. Dr. Bland is a pianist/organist, composer, vocalist, and vocal trainer, receiving his original vocal training and love of music ministry from the late Dr. Mattie Moss Clark. Dr. Bland has been a Minister of Music for several congregations and is currently the Minister of Music at the Second Missionary Baptist Church in Battle Creek, Michigan.

Dr. Bland is a certified fitness instructor and believes in a healthy mind, spirit, and body. Other notable accomplishments include: being the founding Music Director of the Voices of Western Michigan University Gospel Choir, a former advisor for the Young Black Males Support Network at Western Michigan University, the Faculty Advisor for My Brother's Keeper at Spring Arbor University, the Music Director for the Spring Arbor University Gospel Choir, and a long-time mentor of many young men and women.

